

Pakuranga Athletic Club										
Road and Cross Country Section										
22 Mar 08 - Club Road Handicap										
					km	H/cap 1:00:00	H'cap Result	Net	Points Provisional	Comment
Woman 16-19										
Sara	Bradley	W19	W19		10		N/A	0:40:41	10	
Woman										
Mikki	Williden	W	W		10	0:21:00	1:01:52	0:40:52	10	
Masters Women										
Jill	Foster	MW	MW45		8	0:13:15	1:04:16	0:51:01	10	
Beverley	Lorimer	MW	MW55		8	0:08:30	1:04:32	0:56:02	9	
Men 16-19										
James	Hand	M19	M19		10	0:23:30	1:04:15	0:40:45	10	
Men										
Sam	Murphy	M	M		10		N/A	0:40:42	10	
Men 35-49										
Lachlan	Maclean	MM	MM40		10	0:02:00	1:02:20	1:00:20	10	
Chris	Keith	MM	MM45		10	0:19:15	1:03:48	0:44:33	9	
Mike	Trathen	MM	MM35		10	0:19:45	1:04:36	0:44:51	8	
Paul	Williams	MM	MM35		10	0:15:00	1:09:29	0:54:29	7	
Men 50-59										
Karl	Sutton	MM50	MM50		10	0:09:00	1:01:44	0:52:44	10	
Malcolm	Chamberlin	MM50	MM50		10	0:19:15	1:01:54	0:42:39	9	
Richard	Thomson	MM50	MM50		10	0:07:15	1:01:59	0:54:44	8	
David	Harper	MM50	MM50		10	0:20:00	1:02:04	0:42:04	7	
Ken	Ayden	MM50	MM55		10	0:07:30	1:02:30	0:55:00	6	
Richard	Bright	MM50	MM55		10	0:18:00	1:04:07	0:46:07	5	
Men 60+										
Emrys	Jones	O60	MM70		8	0:06:00	1:01:32	0:55:32	10	
Dave	Spankie	Walk	Walk		8	-0:05:00	1:04:00	1:09:00	9	
John	Beedie	O60	MM60		8	0:14:45	1:06:32	0:51:47	8	
Walkers										
Julie	Devonshire	Walk	Walk		8	-0:02:45	1:02:50	1:05:35	10	
Sunnette	Kennard	Walk	Walk		8	-0:04:00	1:06:19	1:10:19	9	
Non Handicap										
Graham	Windross	?	?		10		N/A	0:46:03		
Lindsay	Hotham	MM50	MM55		10	-0:05:00				