

<b>Pakuranga Athletic Club</b>										
<b>Road and Cross Country Section</b>										
<b>02 Aug 08 - Road H'Cap</b>										
					km	H/cap 1:00:00	H'cap Result	Net	Points Provisional	Comment
<b>Woman</b>										
Sian	Morrice	W	W		8.3	0:20:30	1:01:34	0:41:04	10	
Jacqui	Seebold	W	W		8.3	0:28:45	1:03:43	0:34:58	9	
Jenny	Wood	W	W		8.3	0:23:45	1:06:47	0:43:02	8	
Virginia	Hales	W	W		8.3	#N/A	#N/A	0:38:38	7	
<b>Women 35+</b>										
Jackie	Russell	MW	MW40		8.3	0:23:30	1:02:00	0:38:30	10	
Rachel	Penney	MW	MW35		8.3	0:29:00	1:03:43	0:34:43	9	
Vicky	Powell	MW	MW35		8.3	0:24:00	1:04:12	0:40:12	8	
Beverley	Lorimer	MW	MW55		8.3	0:10:00	1:05:23	0:55:23	7	
<b>Men</b>										
Cameron	Bennetts	M	M		10.1	0:26:15	1:02:54	0:36:39	10	
Matthew	Sweetingham	M	M		10.1	0:26:45	1:05:36	0:38:51	9	
<b>Men 35-49</b>										
Paul	Williams	MM	MM35		10.1	0:10:15	1:01:25	0:51:10	10	
Mike	Trathen	MM	MM35		10.1	0:20:15	1:02:10	0:41:55	9	
Chris	Keith	MM	MM45		10.1	0:19:30	1:02:20	0:42:50	8	
Lachlan	Maclean	MM	MM40		10.1	0:04:45	1:06:35	1:01:50	7	
<b>Men 50-59</b>										
John	Baty	MM50	MM55		10.1	0:18:00	1:00:42	0:42:42	10	
Robert	Smith	MM50	MM50		10.1	0:17:00	1:00:54	0:43:54	9	
Darryl	Miller	MM50	MM50		10.1	0:17:30	1:02:42	0:45:12	8	
Paul	Taylor	MM50	MM55		10.1	0:02:00	1:02:48	1:00:48	7	
Craig	Williamson	MM50	MM50		10.1	0:05:00	1:04:06	0:59:06	6	
Rob	Dorey	MM50	MM50		10.1	0:13:30	1:04:49	0:51:19	5	
Greg	Dean	MM50	MM55		10.1	0:05:00	1:06:20	1:01:20	4	
<b>Men 60+</b>										
Chris	Martin	O60	MM60		8.3	0:19:30	1:01:05	0:41:35	10	
Emrys	Jones	O60	MM70		8.3	0:07:00	1:01:09	0:54:09	9	
Kirk	Lister	O60	MM60		8.3	0:20:00	1:01:40	0:41:40	8	
John	Beedie	O60	MM60		8.3	0:13:30	1:02:17	0:48:47	7	
Ron	Johnson	O60	MM75		8.3	0:13:00	1:02:19	0:49:19	6	
Eric	Meredith	O60	MM60		8.3	0:23:30	1:02:45	0:39:15	5	
John	Robinson	O60	MM60		10.1	0:18:00	1:03:34	0:45:34	4	
Mijo	Sole	O60	MM65		8.3	0:24:00	1:03:42	0:39:42	3	
<b>Walkers</b>										
Mac	McKenzie	Walk	Walk		10.1	-0:13:15	0:58:51	1:12:06	10	
Maurice	Neighbour	Walk	Walk		8.3	-0:11:00	0:59:00	1:10:00	9	
Ann	Jeans	Walk	Walk		8.3	-0:09:00	1:00:14	1:09:14	8	
Julie	Devonshire	Walk	Walk		8.3	-0:04:00	1:00:34	1:04:34	7	
Dave	Spankie	Walk	Walk		8.3	-0:07:30	1:00:52	1:08:22	6	
Christine	Burns	Walk	Walk		8.3	-0:12:00	1:01:05	1:13:05	5	
Tracey	Calway	Walk	Walk		8.3	-0:04:00	1:02:11	1:06:11	4	
<b>Non Handicap/Also Ran</b>										
Neil	Cheyne	MM	MM45		8.3	0:14:00	0:58:24	0:44:24		8.3 km only
Ian	Mallowes	O60	MM75		8.3	-0:10:00				