

Pakuranga Athletic Club									
Road and Cross Country Section									
06 Sep 08 - Road H'Cap									
				km	H/cap 1:00:00	H'cap Result	Net	Points Provisional	
Woman									
Kathleen	Payne	W	W30	10.1	0:05:45	1:01:08	0:55:23	10	
Stacey	Knowles	W	W	8.3	0:27:15	1:03:13	0:35:58	9	
Women 35+									
Anne	Bradbury	MW	MW40	8.3	0:13:00	0:59:51	0:46:51	10	
Vicky	Powell	MW	MW35	8.3	0:22:15	1:00:01	0:37:46	9	
Donna	Wallwork	MW	MW35	8.3	0:17:00	1:02:30	0:45:30	8	
Men									
Scott	Dean	M	M	10.1	0:04:30	0:59:55	0:55:25	10	
Matthew	Sweetingham	M	M	10.1	0:26:45	1:03:29	0:36:44	9	
Men 35-49									
Mike	Trathen	MM	MM35	10.1	0:20:00	1:01:43	0:41:43	10	
Chris	Keith	MM	MM45	10.1	0:19:30	1:01:54	0:42:24	9	
Lachlan	Maclean	MM	MM40	10.1	0:05:15	1:06:21	1:01:06	8	
Men 50-59									
Paul	Taylor	MM50	MM55	10.1	0:02:15	0:59:26	0:57:11	10	
Greg	Dean	MM50	MM55	10.1	0:04:30	0:59:33	0:55:03	9	
Darryl	Miller	MM50	MM50	10.1	0:18:30	1:00:34	0:42:04	8	
Richard	Thomson	MM50	MM55	10.1	0:06:45	1:01:07	0:54:22	7	
Malcolm	Chamberlin	MM50	MM50	10.1	0:19:30	1:01:26	0:41:56	6	
Karl	Sutton	MM50	MM50	10.1	0:08:00	1:02:31	0:54:31	5	
Craig	Williamson	MM50	MM50	10.1	0:04:00	1:04:37	1:00:37	4	
Men 60+									
John	Beedie	O60	MM60	10.1	0:02:45	1:00:06	0:57:21	10	
Barry	Weston	O60	MM65	8.3	0:17:45	1:00:25	0:42:40	9	
Emrys	Jones	O60	MM70	8.3	0:08:15	1:01:17	0:53:02	8	
Jim	Dun	O60	MM60	8.3	0:16:30	1:01:29	0:44:59	7	
Eric	Meredith	O60	MM60	8.3	0:23:00	1:02:07	0:39:07	6	
Ian	Mallowes	O60	MM80	8.3	-0:10:00	1:32:55	1:42:55	5	
Walkers									
Les	Heyward	Walk	Walk	8.3	-0:14:30	0:55:04	1:09:34	10	
Sunnette	Kennard	Walk	Walk	8.3	-0:03:45	0:58:58	1:02:43	9	
Rosalea	Dun	Walk	Walk	8.3	-0:08:30	0:59:34	1:08:04	8	
Dave	Spankie	Walk	Walk	8.3	-0:07:30	1:00:00	1:07:30	7	
Ann	Jeans	Walk	Walk	8.3	-0:06:45	1:00:38	1:07:23	6	
Julie	Devonshire	Walk	Walk	8.3	-0:02:45	1:01:15	1:04:00	5	
Maurice	Neighbour	Walk	Walk	8.3	-0:09:45	1:02:01	1:11:46	4	
Christine	Burns	Walk	Walk	8.3	-0:12:00	1:04:48	1:16:48	3	
Glenis	McGechie	Walk	Walk	8.3	-0:09:00	1:07:48	1:16:48	2	
Mac	McKenzie	Walk	Walk	8.3	0:04:15	1:13:42	1:09:27	1	
Vicki	Heywood	Walk	Walk	8.3			1:09:35	1	
Non Handicap/Also Ran									
Neil	Cheyne	MM	MM45	10.1	0:11:00				
Paul	Williams	MM	MM35	10.1	0:14:00				
Ken	Ayden	MM50	MM55	10.1	0:09:00				
Lindsay	Hotham	MM50	MM55	10.1	-0:07:30				