

Pakuranga Athletic Club									
Road and Cross Country Section									
25 Jul 09 - Road H'Cap									
1st Name	Surname	Grd1	Grd2	km	H/cap 0:60:00	Result	Net	Pts	Note (eg. new athletes, etc.)
Woman									
Hannah	Brown	W	W	8.3	0:08:00	1:00:51	0:52:51	10	
Michelle	Allison	W	W	8.3	0:20:45	1:01:26	0:40:41	9	
Sian	Morrice	W	W	8.3	0:19:00	1:01:49	0:42:49	8	
Kathleen	Payne	W	W30	10.1	0:04:45	1:07:01	1:02:16	7	
Stacey	Knowles	W	W	8.3		Last =	0:38:11	6	
Women 35+									
Sandra	Martin	MW	MW45	8.3	0:04:00	1:00:38	0:56:38	10	
Debbie	Garland	MW	MW45	8.3	0:23:30	1:01:15	0:37:45	9	
Jackie	Russell	MW	MW40	8.3	0:22:30	1:02:06	0:39:36	8	
Anne	Bradbury	MW	MW40	8.3	0:13:45	1:03:52	0:50:07	7	
Jo	Hitchings	MW	MW45	8.3	0:17:00	1:05:43	0:48:43	6	
Marleen	Cleyndert	MW	MW40	8.3	0:15:45	1:05:51	0:50:06	5	
Karen	Espin	MW	MW50?	8.3		Last =	0:38:53	4	
Men									
Scott	Dean	M	M	10.1	0:07:00	0:59:30	0:52:30	10	
Anthony	Curry	M	M19	10.1	0:22:00	1:02:28	0:40:28	9	
Men 35-49									
Stephen	Moorehead	MM	MM45	10.1	0:18:00	0:58:40	0:40:40	10	
Shannon	Sivewright?	MM	MM35?	10.1	0:16:15	1:02:07	0:45:52	9	
Lachlan	Maclea	MM	MM40	10.1	0:04:30	1:03:12	0:58:42	8	
Mike	Trathen	MM	MM35	10.1	0:21:00	1:04:19	0:43:19	7	
Men 50-59									
Richard	Thomson	MM50	MM55	10.1	0:06:15	1:00:13	0:53:58	10	
Steve	Williamson	MM50	MM50	10.1	0:16:30	1:00:28	0:43:58	9	
Bruce	Calway	MM50	MM50	10.1	0:10:30	1:00:29	0:49:59	8	
Karl	Sutton	MM50	MM50	10.1	0:10:30	1:00:31	0:50:01	7	
Alan	Bradbury	MM50	MM50	10.1	0:14:30	1:00:54	0:46:24	6	
David	Harper	MM50	MM50	10.1	0:20:15	1:01:10	0:40:55	5	
Darryl	Miller	MM50	MM50	10.1	0:19:00	1:01:36	0:42:36	4	
Allan	Sim	MM50	MM55	10.1	0:15:45	1:02:20	0:46:35	3	
John	Bower	MM50	MM55	10.1	0:13:00	1:03:56	0:50:56	2	
Steve	Brown	MM	MM50	10.1		Last =	0:58:02	1	
Men 60+									
Ron	Johnson	O60	MM75	8.3	0:14:15	0:59:26	0:45:11	10	
Kirk	Lister	O60	MM60	8.3	0:19:00	1:00:33	0:41:33	9	
Wolfgang	Schenk	O60	MM60	8.3	0:19:00	1:00:34	0:41:34	8	
Emrys	Jones	O60	MM70	8.3	0:08:30	1:01:02	0:52:32	7	
Barry	Weston	O60	MM70	8.3	0:17:00	1:01:44	0:44:44	6	
Trevor	Cowley	O60	MM70	8.3	0:06:00	1:02:51	0:56:51	5	
Ian	Mallowes	O60	MM80	8.3	-0:30:00	1:09:37	1:39:37	4	
Walkers									
Ann	Jeans	Walk	Walk	8.3	-0:08:15	1:00:17	1:08:32	10	
Dave	Spankie	Walk	Walk	8.3	-0:07:30	1:00:34	1:08:04	9	
Tracey	Calway	Walk	Walk	8.3	-0:01:45	1:01:45	1:03:30	8	
Dave	Thompson	Walk	Walk	8.3	-0:07:00	1:03:08	1:10:08	7	
Sunnette	Kennard	Walk	Walk	8.3	-0:02:00	1:05:15	1:07:15	6	
Rosalea	Dun	Walk	Walk	8.3	-0:07:00	1:05:56	1:12:56	5	
Julie	Devonshire	Walk	Walk	8.3	-0:02:45	1:08:35	1:11:20	4	
Ran but another course, no uniform, etc.									
Thomas	Brown	M	M19	10.1	0:07:15				
Lindsay	Hotham	O60	MM60	8.3	0:03:45				