

Pakuranga Athletic Club									
Road and Cross Country Section									
01 Aug 09 - Road H'Cap									
1st Name	Surname	Grd1	Grd2	km	H/cap 1:00:00	Result	Net	Pts	Note (eg. new athletes, etc.)
Woman									
Kathleen	Payne	W	W30	10.1	0:03:00	1:06:09	1:03:09	10	
Women 35+									
Gaye	Stratton	MW	MW50	8.3	0:13:15	0:58:42	0:45:27	10	
Marleen	Cleyndert	MW	MW40	8.3	0:14:00	1:00:11	0:46:11	9	
Anne	Bradbury	MW	MW40	8.3	0:13:00	1:02:09	0:49:09	8	
Kristine	Reid	MW	MW40	10.1	0:20:30	1:02:21	0:41:51	7	
Jo	Hitchings	MW	MW45	8.3	0:15:00	1:02:39	0:47:39	6	
Natalie	Seay	MW	MW35	8.3	0:23:30	1:03:11	0:39:41	5	
Beverley	Lorimer	MW	MW55	8.3	0:10:00	1:03:16	0:53:16	4	
Liz	Lombard	MW	MW35	8.3	0:22:00	1:04:14	0:42:14	3	
Men									
Anthony	Curry	M	M19	10.1	0:21:15	0:59:46	0:38:31	10	
Scott	Dean	M	M	10.1	0:08:00	1:03:12	0:55:12	9	
Men 35-49									
Damian	Brannigan	MM	MM45	10.1	0:19:15	1:00:04	0:40:49	10	
Roger	Spice	MM	MM45	10.1	0:17:45	1:00:22	0:42:37	9	
Stephen	Moorehead	MM	MM45	10.1	0:19:45	1:00:25	0:40:40	8	
Shannon	Sivewright	MM	MM35	10.1	0:16:00	1:01:44	0:45:44	7	
Lachlan	Maclean	MM	MM40	10.1	0:03:30	1:02:08	0:58:38	6	
Mike	Trathen	MM	MM35	10.1	0:20:15	1:02:56	0:42:41	5	
Brett	Wallwork	MM	MM35	10.1	0:21:00	1:03:13	0:42:13	4	
Men 50-59									
Karl	Sutton	MM50	MM50	10.1	0:10:30	0:59:29	0:48:59	10	
Bruce	Calway	MM50	MM50	10.1	0:10:30	0:59:36	0:49:06	9	
Rob	Dorey	MM50	MM50	10.1	0:11:45	1:00:21	0:48:36	8	
Steve	Williamson	MM50	MM50	10.1	0:16:30	1:00:23	0:43:53	7	
David	Harper	MM50	MM50	10.1	0:20:00	1:00:56	0:40:56	6	
Alan	Bradbury	MM50	MM50	10.1	0:14:30	1:01:33	0:47:03	5	
Greg	Dodds	MM50	MM55	10.1	0:01:00	1:01:59	1:00:59	4	
John	Read	MM50	MM50	10.1	0:20:30	1:02:02	0:41:32	3	
Chris	Keith	MM50	MM50	10.1	0:17:15	1:02:46	0:45:31	2	
Neil	Cheyne	MM50	MM50	10.1	0:11:45	1:04:17	0:52:32	1	
Men 60+									
Chris	Martin	O60	MM60	8.3	0:21:00	1:00:39	0:39:39	10	
Paul	Fitzwilliam	O60	MM65	8.3	0:16:30	1:01:23	0:44:53	9	
Emrys	Jones	O60	MM70	8.3	0:08:30	1:01:59	0:53:29	8	
Kirk	Lister	O60	MM60	8.3	0:19:00	1:02:19	0:43:19	7	
John	Robinson	O60	MM60	10.1	0:16:30	1:02:28	0:45:58	6	
Brian	Payne	O60	MM60	10.1	0:15:45	1:02:41	0:46:56	5	
Jim	Dun	O60	MM60	8.3	0:16:00	1:02:48	0:46:48	4	
Barry	Weston	O60	MM70	8.3	0:17:00	1:03:23	0:46:23	3	
Lindsay	Hotham	O60	MM60	8.3	0:03:45	1:09:12	1:05:27	2	
Mac	McKenzie	O60	MM60	8.3	0:04:15	1:09:42	1:05:27	1	
Eric	Meredith	O60	MM60			Last =	0:43:17	1	
Walkers									
Christine	Burns	Walk	Walk	8.3	-0:13:30	1:01:35	1:15:05	10	
Ron	Johnson	Walk	Walk	8.3	0:04:30	1:07:23	1:02:53	9	
Ran but another course, no uniform, etc.									
Paul	Williams	MM	MM35	10.1	0:13:00				
Don	Hitchings	MM50	MM50	8.3	0:01:00	0:52:41	0:51:41		Short course!
Greg	Dean	MM50	MM55	10.1	0:03:30	0:54:14	0:50:44		