

<b>Pakuranga Athletic Club</b>									
<b>Road and Cross Country Section</b>									
<b>08 Aug 09 - Road H'Cap</b>									
1st Name	Surname	Grd1	Grd2	km	H/cap 1:00:00	Result	Net	Pts	Note (eg. new athletes, etc.)
<b>Woman</b>									
Kathleen	Payne	W	W30	8.3	0:14:00	1:02:55	0:48:55	10	
Hannah	Brown	W	W	8.3	0:08:00	1:02:58	0:54:58	9	
Stacey	Knowles	W	W	8.3	0:26:00	1:03:36	0:37:36	8	
Hannah	Barker	W	W	8.3		Last =	0:32:56	7	
<b>Women 35+</b>									
Anne	Bradbury	MW	MW40	8.3	0:12:00	0:58:30	0:46:30	10	
Liz	Lombard	MW	MW35	8.3	0:19:00	0:59:05	0:40:05	9	
Gaye	Stratton	MW	MW50	8.3	0:15:00	0:59:52	0:44:52	8	
Beverley	Lorimer	MW	MW55	8.3	0:07:45	0:59:56	0:52:11	7	
Jo	Hitchings	MW	MW45	10.1	0:02:30	1:00:01	0:57:31	6	
Natalie	Seay	MW	MW35	8.3	0:22:00	1:00:34	0:38:34	5	
Sandra	Martin	MW	MW45	8.3	0:04:00	1:02:04	0:58:04	4	
Kristine	Reid	MW	MW40	10.1	0:20:15	1:04:48	0:44:33	3	
<b>Men</b>									
Ben	Gillum	M	M	10.1	0:23:15	1:02:33	0:39:18	10	
Anthony	Curry	M	M19	10.1	0:22:15	1:05:15	0:43:00	9	
Scott	Dean	M	M	10.1	0:08:00	1:06:28	0:58:28	8	
<b>Men 35-49</b>									
Damian	Brannigan	MM	MM45	10.1	0:19:45	0:59:16	0:39:31	10	
Shannon	Sivewright	MM	MM35	10.1	0:15:00	0:59:35	0:44:35	9	
Stephen	Moorehead	MM	MM45	10.1	0:19:45	1:01:57	0:42:12	8	
Mike	Trathen	MM	MM35	10.1	0:19:00	1:04:06	0:45:06	7	
<b>Men 50-59</b>									
Alan	Bradbury	MM50	MM50	10.1	0:14:00	0:58:33	0:44:33	10	
Greg	Dodds	MM50	MM55	10.1	0:00:00	0:58:59	0:58:59	9	
Rob	Dorey	MM50	MM50	10.1	0:11:45	0:59:20	0:47:35	8	
David	Harper	MM50	MM50	10.1	0:19:45	0:59:42	0:39:57	7	
Richard	Thomson	MM50	MM55	10.1	0:06:30	1:00:20	0:53:50	6	
John	Bower	MM50	MM55	10.1	0:12:00	1:00:28	0:48:28	5	
Steve	Williamson	MM50	MM50	10.1	0:16:30	1:00:47	0:44:17	4	
Darryl	Miller	MM50	MM50	10.1	0:19:00	1:01:20	0:42:20	3	
Chris	Keith	MM50	MM50	10.1	0:17:15	1:02:06	0:44:51	2	
John	Read	MM50	MM50	10.1	0:20:00	1:02:28	0:42:28	1	
Allan	Sim	MM50	MM55	10.1	0:15:30	1:03:03	0:47:33	1	
<b>Men 60+</b>									
Ken	Ayden	O60	MM60	10.1	0:08:15	0:58:41	0:50:26	10	
Wolfgang	Schenk	O60	MM60	8.3	0:19:00	0:59:41	0:40:41	9	
Emrys	Jones	O60	MM70	8.3	0:08:00	1:00:06	0:52:06	8	
Eric	Meredith	O60	MM60	8.3	0:23:00	1:00:34	0:37:34	7	
Barry	Weston	O60	MM70	8.3	0:15:30	1:00:43	0:45:13	6	
Chris	Martin	O60	MM65	10.1	0:10:45	1:00:52	0:50:07	5	
David	Hamilton	O60	MM65	8.3	0:21:00	1:02:11	0:41:11	4	
Brian	Payne	O60	MM60	10.1	0:14:00	1:02:57	0:48:57	3	
Trevor	Cowley	O60	MM70	8.3	0:05:00	1:04:02	0:59:02	2	
Ian	Mallowes	O60	MM80	8.3	-0:30:00	1:05:28	1:35:28	1	
Mijo	Sole	O60	MM65	8.3	0:22:00	1:10:27	0:48:27	1	
Mac	McKenzie	O60	MM60	8.3	0:14:00	1:18:03	1:04:03	1	
<b>Walkers</b>									
Ann	Jeans	Walk	Walk	8.3	-0:08:15	1:00:38	1:08:53	10	
Maurice	Neighbour	Walk	Walk	8.3	-0:10:00	1:01:43	1:11:43	9	
Dave	Thompson	Walk	Walk	8.3	-0:08:00	1:02:23	1:10:23	8	
Ron	Johnson	Walk	Walk	8.3	0:04:30	1:04:00	0:59:30	7	
Christine	Burns	Walk	Walk	8.3	-0:13:45	1:07:17	1:21:02	6	
Glenis	McGechie	Walk	Walk	8.3	-0:11:30	1:09:32	1:21:02	5	
Karen	Brown	Walk	Walk	8.3		Last =	1:09:42	4	
<b>Ran but another course, no uniform, etc.</b>									
Rochelle	Wenden	W		8.3					
Samuel	Dobson	M	M	10.1	0:27:15				
Don	Hitchings	MM50	MM55	8.3		Last =	0:49:25		8.3km