

Pakuranga Athletic Club									
Road and Cross Country Section									
05 Sep 09 - Road H'Cap									
1st Name	Surname	Grd1	Grd2	km	H/cap 1:00:00	Result	Net	Pts	Note (eg. new athletes, etc.)
Woman									
Kathleen	Payne	W	W30	10.1	0:00:00	0:58:30	0:58:30	10	
Hannah	Brown	W	W	8.3	0:09:15	0:59:13	0:49:58	9	
Women 35+									
Jo	Hitchings	MW	MW45	10.1	0:04:15	1:00:54	0:56:39	10	
Gaye	Stratton	MW	MW50	8.3	0:15:30	1:01:03	0:45:33	9	
Kristine	Reid	MW	MW40	10.1	0:20:15	1:03:37	0:43:22	8	
Men									
Scott	Dean	M	M	10.1	0:08:00	1:00:56	0:52:56	10	
Men 35-49									
Stephen	Moorehead	MM	MM45	10.1	0:19:45	0:58:46	0:39:01	10	
Damian	Brannigan	MM	MM45	10.1	0:22:00	1:00:22	0:38:22	9	
Shannon	Sivewright	MM	MM35	10.1	0:15:45	1:01:26	0:45:41	8	
Lachlan	Maclean	MM	MM40	10.1	0:02:00	1:01:51	0:59:51	7	
Men 50-59									
Neil	Cheyne	MM50	MM50	10.1	0:11:00	0:59:26	0:48:26	10	
Craig	Williamson	MM50	MM50	10.1	0:05:00	0:59:54	0:54:54	9	
Robert	Smith	MM50	MM50	10.1	0:15:30	1:00:04	0:44:34	8	
Richard	Thomson	MM50	MM55	10.1	0:06:30	1:00:20	0:53:50	7	
Steve	Williamson	MM50	MM50	10.1	0:16:30	1:00:27	0:43:57	6	
Chris	Keith	MM50	MM50	10.1	0:17:15	1:00:34	0:43:19	5	
Alan	Bradbury	MM50	MM50	10.1	0:16:00	1:01:27	0:45:27	4	
David	Harper	MM50	MM50	10.1	0:20:15	1:02:30	0:42:15	3	
John	Read	MM50	MM50	10.1	0:20:00	1:03:22	0:43:22	2	
Don	Hitchings	MM50	MM55	10.1	0:01:00	1:03:47	1:02:47	1	
Bruce	Calway	MM50	MM55	10.1	0:11:00	1:05:56	0:54:56	1	
Men 60+									
Paul	Taylor	O60	MM60	10.1	0:02:30	0:58:24	0:55:54	10	
Allan	Shadbolt	O60	MM60	10.1	0:14:00	0:59:21	0:45:21	9	New
Eric	Meredith	O60	MM60	8.3	0:23:15	0:59:37	0:36:22	8	
Emrys	Jones	O60	MM70	8.3	0:08:30	1:00:15	0:51:45	7	
Kirk	Lister	O60	MM60	8.3	0:19:00	1:00:29	0:41:29	6	
Brian	Payne	O60	MM60	10.1	0:13:30	1:00:40	0:47:10	5	
Wolfgang	Schenk	O60	MM60	8.3	0:19:30	1:01:34	0:42:04	4	
Barry	Weston	O60	MM70	8.3	0:15:30	1:02:05	0:46:35	3	
Trevor	Cowley	O60	MM70	8.3	0:05:00	1:02:19	0:57:19	2	
Ken	Ayden	O60	MM60	8.3	0:20:30	1:03:12	0:42:42	1	
Mac	McKenzie	O60	MM60	10.1	-0:18:00	1:05:15	1:23:15	1	
Ian	Mallowes	O60	MM80	8.3	-0:30:00	1:05:29	1:35:29	1	
Walkers									
Dave	Thompson	Walk	Walk	8.3	-0:09:45	0:58:29	1:08:14	10	
Sunnette	Kennard	Walk	Walk	8.3	-0:02:30	1:00:14	1:02:44	9	
Tracey	Calway	Walk	Walk	8.3	-0:02:15	1:00:28	1:02:43	8	
Ann	Jeans	Walk	Walk	8.3	-0:08:15	1:00:48	1:09:03	7	
Maurice	Neighbour	Walk	Walk	8.3	-0:09:00	1:01:33	1:10:33	6	
Ron	Johnson	Walk	Walk	8.3	0:04:30	1:01:45	0:57:15	5	
Karen	Brown	Walk	Walk	8.3	-0:05:30	1:01:58	1:07:28	4	
Christine	Burns	Walk	Walk	8.3	-0:09:00	1:02:01	1:11:01	3	
Ran but another course, no uniform, etc.									
Simon	Ball	M	M	10.1	0:16:00	0:58:32	0:42:32		