

Pakuranga Athletic Club									
Road and Cross Country Section									
03 Apr 10 - Road H'Cap									
1st Name	Surname	Grd1	Grd2	km	H/cap 1:00:00	Result	Net	Pts	Note (eg. new athletes, etc.)
Woman									
Sian	Morrice	W	W	8.3	0:17:30	1:02:18	0:44:48	10	
Women 35+									
Debbie	Garland	MW	MW45	8.3	0:25:00	1:03:34	0:38:34	10	
Men									
Men 35-49									
Lachlan	Maclean	MM	MM40	10.1	0:01:45	1:00:11	0:58:26	10	
Simon	Phillips	MM	MM40	10.1	0:19:00	1:00:21	0:41:21	9	
David	Drummond	MM	MM45	10.1	0:23:45	1:04:20	0:40:35	8	
Mike	Trathen	MM	MM35	10.1	0:19:00	1:04:40	0:45:40	7	
Men 50-59									
John	Bower	MM50	MM55	10.1	0:15:00	1:00:41	0:45:41	10	
Alan	Bradbury	MM50	MM50	10.1	0:15:30	1:00:58	0:45:28	9	
Chris	Keith	MM50	MM50	10.1	0:18:15	1:02:01	0:43:46	8	
Robert	Smith	MM50	MM50	10.1	0:16:00	1:02:58	0:46:58	7	
Richard	Thomson	MM50	MM55	10.1	0:05:00	1:13:50	1:08:50	6	
Men 60+									
Brian	Payne	O60	MM60	10.1	0:15:00	1:01:12	0:46:12	10	
Ken	Ayden	O60	MM60	10.1	0:08:30	1:01:54	0:53:24	9	
Kirk	Lister	O60	MM65	8.3	0:19:30	1:02:11	0:42:41	8	
Greg	Dodds	O60	MM60	10.1	0:02:15	1:02:54	1:00:39	7	
Allan	Sim	O60	MM60	10.1	0:14:15	1:03:00	0:48:45	6	
Wolfgang	Schenk	O60	MM60	8.3	0:19:30	1:04:06	0:44:36	5	
Walkers									
Emrys	Jones	Walk	Walk	8.3	-0:08:30	1:02:20	1:10:50	10	
Maurice	Neighbour	Walk	Walk	8.3	-0:09:00	1:03:26	1:12:26	9	
Ran but another course, no uniform, etc.									
Fabian	Castle	M	M19	10.1	0:24:30	1:04:12	0:39:42		
Damian	Brannigan	MM	MM45	10.1	0:22:00				
Vincent	Petry	O60	MM70	8.3	-0:03:00				
Jim	Dun	O60	MM60	10.1	0:02:45	1:02:35	0:59:50		