

<b>Pakuranga Athletic Club</b>									
<b>Road and Cross Country Section</b>									
<b>17 Apr 10 - XC H'Cap</b>									
<b>1st Name</b>	<b>Surname</b>	<b>Grd1</b>	<b>Grd2</b>	<b>km</b>	<b>H/cap 0:55:00</b>	<b>Result</b>	<b>Net</b>	<b>Pts</b>	<b>Note (eg. new athletes, etc.)</b>
<b>Woman</b>									
Sian	Morrice	W	W	6	0:22:45	0:53:17	0:30:32	10	
Hannah	Brown	W	W	6	0:15:30	0:55:48	0:40:18	9	
Leah	Hirschfeld	W	W30	6		Last =	0:28:12	8	
<b>Women 35+</b>									
Beverley	Lorimer	MW	MW55	6	0:15:15	0:54:00	0:38:45	10	
Kathleen	Payne	MW	MW35	6	0:21:30	0:55:42	0:34:12	9	
Jackie	Russell	MW	MW40	6	0:25:30	0:56:26	0:30:56	8	
Jo	Hitchings	MW	MW45	6	0:22:15	0:58:58	0:36:43	7	
<b>Men</b>									
Nick	Pannett	M	M	9.9	0:20:15	0:56:37	0:36:22	10	
Richard	Smith	M	M	9.9	0:02:30	0:56:53	0:54:23	9	
Craig	Haslip	M	M	9.9	0:13:45	0:57:07	0:43:22	8	
Scott	Russell	M	M19	9.9	0:18:30	1:01:57	0:43:27	7	
Fabian	Castle	M	M19	9.9	0:18:30	1:01:58	0:43:28	6	
Anthony	Curry	M	M19	9.9	0:16:15	1:07:50	0:51:35	5	
<b>Men 35-49</b>									
Mike	Trathen	MM	MM35	8.1	0:19:30	0:54:20	0:34:50	10	
Simon	Phillips	MM	MM40	8.1	0:20:30	0:57:09	0:36:39	9	
David	Drummond	MM	MM45	8.1	0:23:00	0:57:38	0:34:38	8	
Andrew	Higson	MM	MM40	8.1		Last =	0:35:41	7	
<b>Men 50-59</b>									
Greg	Dean	MM50	MM55	8.1	0:07:30	0:53:30	0:46:00	10	
Chris	Keith	MM50	MM50	8.1	0:19:30	0:54:14	0:34:44	9	
Robert	Smith	MM50	MM50	8.1	0:15:45	0:54:26	0:38:41	8	
John	Baty	MM50	MM55	8.1	0:18:45	0:54:30	0:35:45	7	
Rick	Knight	MM50	MM55	8.1	0:10:15	0:55:09	0:44:54	6	
Steve	Williamson	MM50	MM50	8.1	0:19:15	0:55:40	0:36:25	5	
John	Bower	MM50	MM55	8.1	0:17:00	0:58:45	0:41:45	4	
Richard	Thomson	MM50	MM55	8.1	0:06:00	0:59:48	0:53:48	3	
Karl	Sutton	MM50	MM50	8.1	0:13:00	1:00:10	0:47:10	2	
Bruce	Calway	MM50	MM55	8.1	0:13:45	1:00:11	0:46:26	1	
<b>Men 60+</b>									
Jim	Dun	O60	MM60	6	0:20:45	0:54:07	0:33:22	10	
Paul	Fitzwilliam	O60	MM65	8.1	0:10:00	0:54:22	0:44:22	9	
John	Robinson	O60	MM60	8.1	0:18:30	0:55:05	0:36:35	8	
Barry	Weston	O60	MM70	6	0:22:00	0:56:09	0:34:09	7	
Kirk	Lister	O60	MM65	6	0:24:15	0:56:17	0:32:02	6	
Ken	Ayden	O60	MM60	6	0:24:00	0:56:24	0:32:24	5	
Wolfgang	Schenk	O60	MM60	6	0:24:15	0:56:31	0:32:16	4	
Chris	Martin	O60	MM65	6	0:25:30	0:56:39	0:31:09	3	
Fred	Burke	O60	MM65	8.1	0:09:00	0:57:34	0:48:34	2	
Emrys	Jones	O60	MM70	6	0:16:00	1:00:49	0:44:49	1	
Paul	Fitzwilliam	O60	MM65	6	0:21:30	1:05:52	0:44:22	1	
Brian	Payne	O60	MM60	8.1	0:18:30	1:06:54	0:48:24	1	
Ron	Johnson	O60	MM75	6	0:21:00	1:12:25	0:51:25	1	
Terry	Mitchell	O60	MM65	6		Last =	0:37:50	1	

<b>Walkers</b>									
Christine	Burns	Walk	Walk		6	-0:00:30	0:54:18	0:54:48	10
Maurice	Neighbour	Walk	Walk		6	0:02:45	1:02:04	0:59:19	9
Sunnette	Kennard	Walk	Walk		6	0:08:00	1:03:56	0:55:56	8
<b>Ran but another course, no uniform, etc.</b>									
Anne	Bradbury	MW	MW40		6	0:17:00	0:49:17	0:32:17	
Debbie	Garland	MW	MW45		6	0:28:30			
Matthew	Sweetingham	M	M		9.9	0:18:00	0:54:54	0:36:54	
Lachlan	McNie	M	M19		9.9	0:19:00	1:01:59	0:42:59	
John	Pita	M	M		9.9	0:07:45	1:08:05	1:00:20	
Alex	Parlane	M	M19		9.9	0:21:00			
Don	Hitchings	MM50	MM55		8.1	0:03:45			
John	Magness	O60	MM65		6				
Trevor	Cowley	O60	MM75		6	0:13:15			
Greg	Dodds	O60	MM60		8.1	0:06:15			