

<b>Pakuranga Athletic Club</b>									
<b>Road and Cross Country Section</b>									
<b>22 May 10 - XC H'Cap</b>									
1st Name	Surname	Grd1	Grd2	km	H/cap 0:55:00	Result	Net	Pts	Note (eg. new athletes, etc.)
<b>Woman</b>									
Sian	Morrice	W	W	6	0:25:00	0:55:14	0:30:14	10	
Leah	Hirschfeld	W	W30	6	0:28:30	0:56:03	0:27:33	9	
<b>Women 35+</b>									
Donna	Wallwork	MW	MW35	6	0:21:15	0:53:47	0:32:32	10	
Kathleen	Payne	MW	MW35	6	0:23:00	0:55:20	0:32:20	9	Early start to help time keep
Jackie	Russell	MW	MW40	6	0:27:15	0:55:25	0:28:10	9	Disadvantaged by early start +1 place
Sandra	Patterson	MW	MW45	6	0:25:30	0:55:31	0:30:01	7	
Beverley	Lorimer	MW	MW55	6	0:18:30	0:56:44	0:38:14	6	
Kristine	Reid	MW	MW40	8.1	0:22:15	0:56:56	0:34:41	5	
Rachel	Penney	MW	MW35	6	0:31:45	0:59:06	0:27:21	4	
<b>Men</b>									
Nick	Pannett	M	M	9.9	0:20:15	0:54:05	0:33:50	10	
Alex	Parlane	M	M	9.9	0:21:30	0:54:58	0:33:28	9	
John	Pita	M	M	9.9	0:10:45	0:55:04	0:44:19	8	
Scott	Russell	M	M19	9.9	0:18:00	0:56:09	0:38:09	7	
James	Hand	M	M	9.9	0:20:30	0:56:46	0:36:16	6	
Matthew	Nicholson	M	M	9.9		Last =	0:44:18	5	New
<b>Men 35-49</b>									
David	Drummond	MM	MM45	8.1	0:21:45	0:54:20	0:32:35	10	
Lachlan	Maclean	MM	MM40	8.1	0:05:00	0:55:07	0:50:07	9	
Mike	Trathen	MM	MM35	8.1	0:21:30	0:57:33	0:36:03	8	
Daryl	Patterson	MM	MM45	8.1	0:18:30	1:01:41	0:43:11	7	
<b>Men 50-59</b>									
John	Bower	MM50	MM55	8.1	0:17:00	0:53:42	0:36:42	10	
Darryl	Miller	MM50	MM50	8.1	0:18:00	0:54:27	0:36:27	9	
David	Harper	MM50	MM55	8.1	0:21:00	0:56:30	0:35:30	8	
Neil	Cheyne	MM50	MM50	8.1	0:15:30	0:56:51	0:41:21	7	
Karl	Sutton	MM50	MM50	8.1	0:14:00	0:57:17	0:43:17	6	
Rob	Dorey	MM50	MM50	8.1	0:16:45	0:57:40	0:40:55	5	
John	Read	MM50	MM50	8.1	0:21:30	0:58:10	0:36:40	4	
Lewis	Bruwer	MM50	MM55	8.1		Last =	0:42:52	3	New
<b>Men 60+</b>									
Fred	Burke	O60	MM65	6	0:22:00	0:53:58	0:31:58	10	
Emrys	Jones	O60	MM70	6	0:13:45	0:54:38	0:40:53	9	
Kirk	Lister	O60	MM65	6	0:24:45	0:54:56	0:30:11	8	
Jim	Dun	O60	MM60	6	0:22:00	0:55:58	0:33:58	7	
Ken	Ayden	O60	MM60	6	0:24:30	0:56:08	0:31:38	6	
John	Robinson	O60	MM60	8.1	0:18:45	0:56:10	0:37:25	4	Late start possible advantage -1 place
Chris	Martin	O60	MM65	8.1	0:14:00	0:56:21	0:42:21	5	
Trevor	Cowley	O60	MM75	6	0:13:15	0:57:23	0:44:08	3	
Paul	Taylor	O60	MM60	6	0:21:00	0:57:38	0:36:38	2	
Barry	Weston	O60	MM70	6	0:24:30	0:57:57	0:33:27	1	
<b>Walkers</b>									
Sunnette	Kennard	Walk	Walk	6	0:00:00	0:49:49	0:49:49	10	<b>First female overall handicap</b>
Ron	Johnson	Walk	Walk	6	0:08:30	0:53:33	0:45:03	9	<b>First male overall handicap</b>
Maurice	Neighbour	Walk	Walk	6	-0:00:30	0:55:43	0:56:13	8	
Julie	Devonshire	Walk	Walk	6	0:07:00	0:56:07	0:49:07	7	
Ann	Jeans	Walk	Walk	6	0:03:00	0:56:42	0:53:42	6	
Tracey	Calway	Walk	Walk	6	0:07:45	0:59:30	0:51:45	5	
<b>Ran but another course, no uniform, started early, etc.</b>									
Liz	Hayes	W	W	6	0:24:00				
Greg	Dean	MM50	MM55	8.1	0:09:15				
Greg	Dodds	O60	MM60	8.1	0:08:45				