

Pakuranga Athletic Club									
Road and Cross Country Section									
03 Jul 10 - XC H'Cap/Club XC Champs									
1st Name	Surname	Grd1	Grd2	km	H/cap 0:55:00	Result	Net	Pts	Note (eg. new athletes, etc.)
Woman									
Vikki	Smith	W	W	6	0:24:30	0:53:22	0:28:52	10	Female 1st= H'Cap
Sian	Morrice	W	W	6	0:26:00	0:55:13	0:29:13	9	
Liz	Hayes	W	W	6	0:26:00	0:56:10	0:30:10	8	
Leah	Hirschfeld	W	W30	6	0:29:30	0:57:01	0:27:31	7	
Women 35+									
Kathleen	Payne	MW	MW35	6	0:23:00	0:53:22	0:30:22	10	Female 1st= H'Cap
Kristine	Reid	MW	MW40	6	0:31:15	0:55:29	0:24:14	9	
Rachel	Penney	MW	MW35	6	0:31:30	0:55:57	0:24:27	8	
Gaye	Stratton	MW	MW50	6	0:21:30	0:56:27	0:34:57	7	
Beverley	Lorimer	MW	MW55	6	0:18:30	0:57:05	0:38:35	6	
Men									
Richard	Smith	M	M	9.9	0:05:00	0:53:05	0:48:05	10	
Alex	Parlane	M	M	9.9	0:22:30	0:56:28	0:33:58	9	
James	Hand	M	M	9.9	0:20:30	0:57:08	0:36:38	8	
Men 35-49									
David	Drummond	MM	MM45	8.1	0:23:00	0:55:26	0:32:26	10	
Lachlan	Maclean	MM	MM40	8.1	0:06:45	0:55:53	0:49:08	9	
Mike	Trathen	MM	MM35	8.1	0:21:45	0:55:53	0:34:08	9	
Men 50-59									
Neil	Cheyne	MM50	MM50	8.1	0:16:00	0:53:51	0:37:51	10	
Richard	Thomson	MM50	MM55	8.1	0:09:15	0:53:59	0:44:44	9	
Greg	Dean	MM50	MM55	8.1	0:09:30	0:54:02	0:44:32	8	
Karl	Sutton	MM50	MM50	8.1	0:14:00	0:54:38	0:40:38	7	
Chris	Keith	MM50	MM50	8.1	0:21:30	0:55:45	0:34:15	6	
Steve	Williamson	MM50	MM50	8.1	0:20:30	0:55:47	0:35:17	5	
Darryl	Miller	MM50	MM50	8.1	0:20:00	0:56:11	0:36:11	4	
John	Baty	MM50	MM55	8.1	0:19:30	0:56:25	0:36:55	3	
David	Harper	MM50	MM55	8.1	0:21:45	0:56:56	0:35:11	2	
Men 60+									
Paul	Taylor	O60	MM60	6	0:19:00	0:52:56	0:33:56	10	Male 1st H'Cap
John	Robinson	O60	MM60	6	0:29:15	0:54:44	0:25:29	9	
Alec	Day	O60	MM70	6	0:24:00	0:54:57	0:30:57	8	
Fred	Burke	O60	MM65	6	0:23:30	0:55:14	0:31:44	7	
Harold	Shute	O60	MM65	6	0:25:00	0:55:17	0:30:17	6	
Kirk	Lister	O60	MM65	6	0:26:00	0:55:23	0:29:23	5	
Brian	Payne	O60	MM60	6	0:28:00	0:55:34	0:27:34	4	
Terry	Mitchell	O60	MM65	6	0:17:45	0:55:41	0:37:56	3	
Allan	Sim	O60	MM60	6	0:29:15	0:56:00	0:26:45	2	
Barry	Weston	O60	MM70	6	0:24:00	0:56:41	0:32:41	1	
Jim	Dun	O60	MM60	6	0:22:00	0:58:40	0:36:40	1	
Walkers									
Julie	Devonshire	Walk	Walk	6	0:07:00	0:55:07	0:48:07	10	
Sunnette	Kennard	Walk	Walk	6	0:07:00	0:55:15	0:48:15	9	
Maurice	Neighbour	Walk	Walk	6	0:00:00	0:55:37	0:55:37	8	
Tracey	Calway	Walk	Walk	6	0:06:00	0:56:05	0:50:05	7	
Ann	Jeans	Walk	Walk	6	0:03:00	0:56:38	0:53:38	6	