

<b>Pakuranga Athletic Club</b>									
<b>Road and Cross Country Section</b>									
<b>04 Sep 10 - RD H'Cap</b>									
1st Name	Surname	Grd1	Grd2	km	H/cap 1:00:00	Result	Net	Pts	Note (eg. new athletes, etc.)
<b>Woman</b>									
Vikki	Smith	W	W	8.3	0:20:30	1:00:14	0:39:44	10	
<b>Women 35+</b>									
Anne	Bradbury	MW	MW40	8.3	0:11:45	0:59:43	0:47:58	10	
Beverley	Lorimer	MW	MW55	8.3	0:08:30	1:00:36	0:52:06	9	
Jackie	Russell	MW	MW45	8.3	0:20:15	1:01:08	0:40:53	8	
Kathleen	Payne	MW	MW35	10.1	0:10:15	1:02:43	0:52:28	7	
<b>Men</b>									
Alex	Parlane	M	M	10.1	0:26:45	1:00:54	0:34:09	10	
Adrian	Edge	M	M30	10.1	0:16:30	1:01:19	0:44:49	9	
Nick	Pannett	M	M	10.1	0:25:45	1:05:15	0:39:30	8	
Simon	Ball	M	M	10.1	0:19:15	1:07:42	0:48:27	7	
Leyden	Tolhurst	M	M			Last =	0:39:30	6	
<b>Men 35-49</b>									
Mike	Trathen	MM	MM35	10.1	0:18:30	1:06:56	0:48:26	10	
<b>Men 50-59</b>									
Darryl	Miller	MM50	MM50	10.1	0:15:30	0:59:04	0:43:34	10	
Robert	Smith	MM50	MM50	10.1	0:15:30	0:59:20	0:43:50	9	
Greg	Dean	MM50	MM55	10.1	0:04:45	0:59:36	0:54:51	8	
Richard	Thomson	MM50	MM55	10.1	0:03:30	1:00:00	0:56:30	7	
Karl	Sutton	MM50	MM50	10.1	0:06:30	1:04:30	0:58:00	6	
<b>Men 60+</b>									
Chris	Martin	O60	MM65	10.1	0:07:00	0:56:05	0:49:05	10	
Emrys	Jones	O60	MM70	8.3	0:03:45	0:58:44	0:54:59	9	
Mac	McKenzie	O60	MM65	10.1	-0:19:45	0:59:08	1:18:53	8	
Harold	Shute	O60	MM65	10.1	0:07:15	0:59:47	0:52:32	7	
Allan	Shadbolt	O60	MM60	10.1	0:12:30	0:59:48	0:47:18	6	
Wolfgang	Schenk	O60	MM65	8.3	0:16:30	1:00:44	0:44:14	5	
Fred	Burke	O60	MM65	8.3	0:17:45	1:01:10	0:43:25	4	
Ken	Ayden	O60	MM60	10.1	0:09:15	1:02:13	0:52:58	3	
Brian	Payne	O60	MM60	10.1	0:16:15	1:09:13	0:52:58	2	
<b>Walkers</b>									
Ron	Johnson	Walk	Walk	8.3	0:00:00	1:01:57	1:01:57	10	
<b>Ran but another course, no uniform, etc.</b>									
Alan	Bradbury	MM50	MM50	10.1	0:15:30				
Lindsay	Hotham	O60	MM60	8.3	0:10:15				