

Pakuranga Athletic Club									
Road and Cross Country Section									
20 Aug 11 - Road H'Cap Race 4									
1st Name	Surname	Grd1	Grd2	km	H/cap 1:00:00	Result	Net	Pts	Note (eg. new athletes, etc.)
Woman									
Charlotte	Cheyne	W	W19	10.1	0:13:00	1:00:46	0:47:46	10	
Women 35+									
Anne	Bradbury	MW	MW40	8.3	0:12:15	0:59:28	0:47:13	10	
Kathleen	Payne	MW	MW35	10.1	0:06:15	1:01:04	0:54:49	9	
Kristine	Reid	MW	MW40	10.1	0:21:00	1:01:59	0:40:59	8	
Men									
Mark	Toplis	M	M30	10.1	0:19:15	0:57:27	0:38:12	10	
Michael	Zo	M	M30	10.1	0:18:30	0:59:51	0:41:21	9	
Men 35-49									
Robert	Gleed	MM	MM45	10.1	0:09:00	0:58:25	0:49:25	10	
Lachlan	Maclean	MM	MM40	10.1	0:00:45	0:59:22	0:58:37	9	
Pat	Hales	MM	MM40	10.1	0:08:45	1:01:20	0:52:35	8	
Simon	Phillips	MM	MM45	10.1	0:22:00	1:01:25	0:39:25	7	
John	Land	MM	MM45	10.1	-0:10:30	1:03:29	1:13:59	6	
Men 50-59									
Craig	Williamson	MM50	MM50	10.1	0:03:15	0:59:55	0:56:40	10	
David	Harper	MM50	MM55	10.1	0:18:45	1:00:06	0:41:21	9	
Chris	Keith	MM50	MM50	10.1	0:19:00	1:00:28	0:41:28	8	
John	Read	MM50	MM50	10.1	0:20:30	1:02:05	0:41:35	7	
Neil	Cheyne	MM50	MM50	10.1	0:15:30	1:03:15	0:47:45	6	
John	Baty	MM50	MM55	10.1	0:18:45	1:03:32	0:44:47	5	
Karl	Sutton	MM50	MM50	10.1	0:10:30	1:04:26	0:53:56	4	
Alan	Bradbury	MM50	MM50	10.1	0:13:45	1:12:48	0:59:03	3	
Richard	Thomson	MM50	MM55	10.1	0:05:00			2	Time keeper
Men 60+									
Greg	Dean	O60	MM60	8.3	0:11:45	0:57:49	0:46:04	10	
Bill	Carlaw	O60	MM70	8.3	0:06:15	0:58:45	0:52:30	9	
Barry	Weston	O60	MM70	8.3	0:16:00	0:59:38	0:43:38	8	
Harold	Shute	O60	MM65	10.1	0:09:30	0:59:48	0:50:18	7	
Ron	Johnson	O60	MM75	8.3	0:08:30	1:00:04	0:51:34	6	
Terry	Mitchell	O60	MM65	8.3	0:12:45	1:00:33	0:47:48	5	
Emrys	Jones	O60	MM75	8.3	0:06:00	1:00:50	0:54:50	4	
Allan	Sim	O60	MM60	8.3	0:23:45	1:01:18	0:37:33	3	
John	Robinson	O60	MM60	10.1	0:16:00	1:01:59	0:45:59	2	
Mac	McKenzie	O60	MM65	10.1	-0:15:00	1:02:14	1:17:14	1	
Kirk	Lister	O60	MM65	8.3	0:17:30	1:02:22	0:44:52	1	
Ken	Ayden	O60	MM60	8.3	0:16:30	1:03:45	0:47:15	1	
Brian	Payne	O60	MM60	10.1	0:14:00	1:10:02	0:56:02	1	
Walkers									
Sunnette	Kennard	Walk	Walk	8.3	-0:07:00	0:56:52	1:03:52	10	
Julie	Devonshire	Walk	Walk	8.3	-0:06:00	0:57:40	1:03:40	9	
Kaye	Rudman	Walk	Walk	8.3	-0:09:15	1:00:26	1:09:41	8	
Ann	Jeans	Walk	Walk	8.3	-0:07:00	1:01:05	1:08:05	7	
Dave	Spankie	Walk	Walk	8.3	-0:07:00	1:01:06	1:08:06	6	
Denis	Rudman	Walk	Walk	8.3	-0:02:30	1:02:15	1:04:45	5	
Ran but another course, no uniform, etc									
Paul	Taylor	O60	MM60	10.1	0:02:15	0:56:00	0:53:45		8.3 km course!