

<b>Pakuranga Athletic Club</b>									
<b>Road and Cross Country Section</b>									
<b>24 Sep 11 - Road H'Cap Race 6</b>									
1st Name	Surname	Grd1	Grd2	km	H/cap 1:00:00	Result	Net	Pts	Note (eg. new athletes, etc.)
<b>Woman</b>									
<b>Women 35+</b>									
Jackie	Russell	MW	MW45	8.3	0:19:45	1:01:06	0:41:21	10	
Kathleen	Payne	MW	MW35	10.1	0:06:00	1:01:45	0:55:45	9	
<b>Men</b>									
Mark	Toplis	M	M30	10.1	0:22:00	1:03:22	0:41:22	10	
<b>Men 35-49</b>									
Lachlan	Maclean	MM	MM40	10.1	0:02:15	1:01:09	0:58:54	10	
Simon	Phillips	MM	MM45	10.1	0:21:15	1:03:00	0:41:45	9	
<b>Men 50-59</b>									
David	Harper	MM50	MM55	10.1	0:19:00	1:00:54	0:41:54	10	
Chris	Keith	MM50	MM50	10.1	0:19:00	1:01:14	0:42:14	9	
Craig	Williamson	MM50	MM50	10.1	0:03:30	1:03:04	0:59:34	8	
John	Read	MM50	MM50	10.1	0:20:00	1:05:03	0:45:03	7	
<b>Men 60+</b>									
Kirk	Lister	O60	MM65	8.3	0:16:45	0:59:50	0:43:05	10	
Paul	Fitzwilliam	O60	MM65	8.3	0:12:30	0:59:58	0:47:28	9	
Barry	Weston	O60	MM70	8.3	0:16:45	1:00:38	0:43:53	8	
John	Robinson	O60	MM60	10.1	0:15:45	1:01:19	0:45:34	7	
Harold	Shute	O60	MM65	10.1	0:09:45	1:01:29	0:51:44	6	
Bill	Carlaw	O60	MM70	8.3	0:07:45	1:03:12	0:55:27	5	
Fred	Burke	O60	MM65	8.3	0:13:45	1:03:39	0:49:54	4	
Brian	Payne	O60	MM60	10.1	0:15:45	1:07:30	0:51:45	3	
Emrys	Jones	O60	MM75	8.3	0:06:00			2	Bar duty
<b>Walkers</b>									
Barry	O'Brien	Walk	Walk	8.3	-0:09:30	0:59:38	1:09:08	10	
Dave	Spankie	Walk	Walk	8.3	-0:07:30	1:00:22	1:07:52	9	
Julie	Devonshire	Walk	Walk	8.3	-0:03:30	1:01:50	1:05:20	8	
Ann	Jeans	Walk	Walk	8.3	-0:07:00	1:02:24	1:09:24	7	
Maurice	Neighbour	Walk	Walk	8.3	-0:15:15	1:03:24	1:18:39	6	
Russell	Taylor	Walk	Walk	8.3			1:05:22	5	
Paul	Tindill	Walk	Walk	8.3			1:13:18	5	
<b>Ran but another course, no uniform, e</b>									
Jim	Dun	O60	MM60	10.1	0:03:00	0:53:25	0:50:25		
Ken	Ayden	O60	MM60	8.3	0:15:15	1:04:03	0:48:48		
Ron	Johnson	Walk	Walk	8.3	-0:01:30	1:00:50	1:02:20		