



# **Pakuranga 5km Fun Run @ 6.00pm**

**Every Monday**

**From 7th September 2009**

**All abilities welcome  
RUN WALK JOG**

**5k flat measured course**

**Under 18yrs \$1 - Over 18yrs \$2**

**Spot Prizes at the finish**

**Refreshments & Food Available**

**See you there!**

**Pakuranga Athletic Clubrooms**

**Enter Between #'s 36 & 38 Cascades Rd**

**Enquiries: Bruce 537 1677 or 027-681-3003**

