

About Joggers & Walkers

Meet Times

Joggers & Walkers meet every Tuesday and Thursday mornings, rain hail or shine, at the Pakuranga Athletic Club rooms in Lloyd Elsmore Park - entrance off Cascades Rd. Clubrooms open at 8.50 am.

Longer distance walkers pack leaves at 9.00am.

All other walkers and jogger's packs leave at 9.15am.

Groups aim to return to the clubrooms between 10.00 and 10.30am.

Fees

The mid-week annual fee of \$68.00 covers members from 1st April 2010 to 31st March 2011. Casual members are welcome at \$1.00 per time.

Note: This annual fee only covers you for participation in this section. If you wish to compete in any other section of the club such as Cross Country and Road (Saturdays) you must pay the full club membership fee. See the Registration Form link on the home page of this web site for details.

Morning Tea

Tea, Coffee and a biscuit are provided after the pack walks/jogs at a cost of 60c per mug. (Honesty box on counter).

Occasionally we have a generous morning tea provided by members to celebrate their birthdays or special occasions.

Outings

The section organises several outings each year, mainly during the summer months. These usually take place on Tuesday mornings and include visits to local parks, reserves, beaches etc. Car pooling is encouraged. Details are published in the Joggers and Walkers event diary which can be accessed via a link on this site's home page. For those not wishing to participate in an outing the club rooms are still open.

Functions

Various other functions are organised during the year including barbecues, dinners, fun days etc. Members' families are also welcome to participate.

General

Joggers and Walkers are a friendly group of people whose main interest is to keep fit. However, the social side of the section is very active. It doesn't matter what your level of fitness is, there are walking/jogging groups to suit all comers and new members will receive a very warm welcome.